COVID-19 PREVENTION: CLEANING AND DISINFECTING PROCEDURES

Newly released scientific evidence has indicated that COVID-19 is primarily spread through airborne respiratory droplets and close contact. This evidence also indicates that the SARS-CoV-2 virus does not survive on surfaces for a concerning length of time and is not the primary way the virus is transmitted. It is widely encouraged now to slow the unnecessary cleaning and sanitizing of areas. Social distancing, masks, proper hand hygiene, and vaccinations have proven to safeguard from infection. With this in mind, Centralia College has made some changes to this procedure.

However, it must be noted that in an effort to slow the spread of COVID-19, the college has taken steps which include enhanced cleaning and disinfecting procedures in the event of a confirmed COVID case on campus. With guidance from the Centers for Disease Control and Prevention (CDC) and through local /state public health recommendations, the following procedures have been developed for the campus to follow during the COVID-19 pandemic.

1. General Daily Cleaning

General guidance:

a. General daily cleaning by custodial staff will take place at the end of each day.
b. FOM will provide disposable wipes to staff and faculty so that commonly used surfaces (keyboards, desks, remote controls) can be wiped down during and after use.
c. Cleaning supplies will be provided upon request for commonly occupied spaces. Contact FOM at ext. 8947 for supplies. Faculty and staff will be responsible for cleaning their own spaces if desired throughout the day.
d. Door signs will be used to indicate if the space has been used or not. Information will be provided to the campus on the proper use of the door signs.
e. Staff and faculty will clean with the cleaners typically used for this purpose. Use all cleaning products according to the directions on the label.
f. Practice good hand hygiene after cleaning:
   i. Wash hands often with soap and warm water for at least 20 seconds.
   ii. If hand washing is unavailable, use an alcohol based hand sanitizer that contains at least 70% (isopropanol) alcohol.
g. For effective cleaning of soft, porous surfaces such as carpeted floor, rugs, and drapes:
   a. Remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces. If laundering is possible, then do so to remove dirt and debris. Soft porous surfaces are not a good harbor for COVID-19 to survive on, therefore only general cleaning is required daily unless a confirmed case is reported. In the event of a confirmed COVID-19 case, follow cleaning and disinfecting guidelines below.
Safety guidance for general cleaning:

1. Ensure adequate supplies to support cleaning and disinfection practices.
2. Ensure proper ventilation during and after application of cleaner or disinfectant.
3. Wear disposable gloves when cleaning if appropriate. Gloves should be discarded after each use. Wash hands immediately after gloves are removed.
4. Wear eye protection when there is potential for splash or splatter to the face.
5. Wear coveralls or aprons to protect personal clothing, as necessary.
6. Store chemicals in labeled, closed containers. Keep them in a secure area away from children and food. Store them in a manner that prevents tipping or spilling.

Cleaning and disinfecting after notification of a confirmed case of COVID-19:

Focusing on areas where the ill person have visited or used, routine cleaning will continue with these additional cleaning and disinfecting enhancements. These procedures will be enforced for a period of 9 days since the person was present in a college space.

If a COVID-19 case is confirmed in the campus community, the following cleaning and disinfecting procedures will be followed.

a. Areas visited by the COVID-19 positive person will be closed off. This will be assessed by administration and communicated to the Building and Grounds Director. Who will ensure the specific areas are closed off for at least 24 hours or as long as practical before beginning cleaning and disinfecting.

b. Prior to cleaning open outside doors and windows to increase air circulation in the area. Use ventilation fans to increase air flow if needed.

c. Ensure adequate supplies to support cleaning and disinfection prior to starting.

d. For disinfection use most common EPA-registered household disinfectants should be effective. A list of products that are EPA-approved for use against the virus that causes COVID-19 is available at: https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2 Follow the manufacturer’s instructions for all cleaning and disinfection products (e.g. concentration, application method and contact time, etc.)

e. Clean surfaces and objects with soap and water or another cleaning detergent if visibly dirty prior to disinfecting. This includes high-touch surfaces.

f. The following products are effective for disinfection of hard, non-porous surfaces:
   a. A 10% diluted bleach solution, an alcohol solution with at least 70% (isopropanol) alcohol, and/or an EPA-registered disinfectant for use against COVID-19.
   b. Prepare a 10% diluted bleach solution by doing the following:
      i. Mix 5 tablespoons of bleach per gallon of water.
ii. After application, allow 2 minutes of contact time before wiping, or allow to air dry (without wiping).

c. If using Vi rex II 256 (EPA# 70627-24), our current EPA-approved disinfectant.
   i. After application, allow 10 minutes of contact time before wiping, or allow to air dry (without wiping).

g. For effective disinfection of soft, porous surfaces such as carpeted floor, rugs, and drapes:
   a. Remove visible contamination if present and clean with appropriate cleaners indicated for use on these surfaces.
   b. After cleaning, if the items can be laundered, launder items in accordance with the manufacturer’s instructions using warmest appropriate water setting for the items and then dry items completely.
   c. If laundering is not possible, use an EPA-registered disinfectant for use against COVID-19 and that are suitable for porous surfaces.

h. Wear required personal protective equipment (PPE) during cleaning and disinfecting, including disposable gloves (double up), safety goggles, N95 mask, disposable Tyvex suit with hood, and rubber shoe covers. All staff must be fully trained on proper usage and disposal of required PPE to prevent cross contamination. Your supervisor will instruct you on what PPEs are required for your required duties.

i. Cleaning staff should clean and disinfect all areas such as offices, bathrooms, common areas, shared electronic equipment like tablets, touch screens, and keyboards in the area where the person visited, focusing especially on frequently touched surfaces.

h. Practice good hand hygiene after cleaning:
   1. Wash hands often with soap and warm water for at least 20 seconds.
   2. If hand washing is unavailable, use an alcohol based hand sanitizer that contains at least 70% (isopropanol) alcohol.