

Centralia College Athletic Policies

- You must sign for all equipment you receive. Any equipment damaged or not returned will be reimbursed by you the athlete. Be sure to take proper care of your equipment and return it to your coach at the end of the season. Failure to do so will result in your transcripts and grades being withheld.
- You must have the <u>Acknowledgement of Risks and Hazards form</u> on file before you may participate in practice or competition. We strongly recommend that you purchase personal insurance to cover you during the off hours, unless you are covered by your parent's medical insurance.
- 3. The Sports Programs athletic insurance only covers you for injuries that occur during practice and competition. It carries a deducible of \$500.00 and is considered "secondary" to your parent's or your own "primary" insurance.
- 4. Athletes are not allowed to use any Sports Programs phone at any time. Please use a pay phone, cell phone or call from home. Any expenses incurred by athlete use of phones will be assumed by the athlete.
- 5. Unless prior arrangements have been made with the coach, each athlete must ride to and from any school event in authorized school transportation and must remain with the team.
- 6. Equipment and/or workout gear may only be worn during scheduled practices or authorized workouts/competition.
- 7. You are not to be in any office or staff room at any time unless you have been assigned to work there or are on official business.
- 8. A student-athlete must adhere to his/her coaches' standards in class, practice, and any college work attendance.
- 9. Student-athletes must also comply with the Student-Athlete Conduct Code.
- 10. All athletes will be expected to conduct themselves in an appropriate manner befitting of a Centralia College representative.

NWAC Athletic Policies

- 1. Athletes must be registered in a minimum of 12 credit hours.
- 2. Athletes must have passed a minimum of **10** credit hours the last quarter of enrollment.
- 3. A student-athlete may participate in more than one sport for a NWAC institution during any sport season.
- 4. Athletes must be registered within 20 days from the beginning of the quarter.
- 5. To qualify for eligibility to participate in a second (2nd) season of any sport, you must have earned a minimum of 36 credit hours and maintain a cumulative GPA of 2.00 during any quarter of participation.
- 6. Athletes must be a high school graduate or the class of which you were a member has graduated.
- 7. A student-athlete will be charged with one year of eligibility in that sport if they represent a member institution in any athletic contest (excluding scrimmages).
- 8. Athletes may be declared ineligible if during the sport season you represent any club, organization or team other than your college team.
- 9. Student-athletes who are a participant and/or signed to a current Letter of Intent (LOI) must sit out three terms (exclusive of summer) after separation from the athletic program.
- 10. If convicted for the use or sale of legend drugs, including anabolic steroids, you will be disqualified from participation in a NWAC sponsored athletic event or activity for a period of one year

I have read and understand the Centralia College Athletic Policies and the NWAC Athletic Policies, and I agree to abide by them.

Signature