OCCUPATIONAL EXPOSURE:
Students planning a career in the health care field need to be aware of the fact that they are at risk for exposure to blood-borne pathogens.

Tasks and procedures performed by the health care professional involve risks classified by the Centers for Disease Control in the following ways:
- Category I – Direct contact with blood or other bodily fluids to which universal precautions apply
- Category II – Activities performed without blood exposure but exposure may occur in emergencies
- Category III – Task/activity does not entail predictable or unpredictable exposure to blood

COMPETENCIES:
- BASIC TECHNICAL SKILLS: The nurse assistant demonstrates basic technical skills, which facilitates and optimal level of functioning for the client, recognizing individual, cultural, and religious diversity
- PERSONAL CARE SKILLS: The nurse assistant demonstrates basic personal care skills
- MENTAL HEALTH AND SOCIAL SERVICE NEEDS: The nurse assistant demonstrates the ability to identify the psychosocial characteristics of all clients including persons with mental retardation, mental illness, dementia, Alzheimer’s disease, and related disorders
- BASIC RESTORATIVE SERVICES: The nurse assistant incorporates principles and skills of restorative nursing in providing nursing care.
- CLIENTS’ RIGHTS AND PROMOTION OF CLIENTS’ INDEPENDENCE: The nurse assistant demonstrates behavior, which maintains and respects clients’ rights and promotes clients’ independence, regardless of race, religion, life-style, sexual preference, disease process, or ability to pay
- COMMUNICATION AND INTERPERSONAL SKILLS: The nurse assistant uses communication skills effectively in order to function as a member of the nursing team
- INFECTION CONTROL: The nurse assistant uses procedures and techniques to prevent the spread of microorganisms
- SAFETY/EMERGENCY PROCEDURES: The nurse assistant demonstrates the ability to identify and implement safety/emergency procedures
- RULES AND REGULATIONS KNOWLEDGE: The nurse assistant demonstrates knowledge of, and is responsive to, the laws and regulations which affect his/her practice including but not limited to: client abuse and neglect, client complaint procedures, worker’s right to know, and the Uniform Disciplinary Act
- AIDS PREVENTION --- WAC 246-841-610: AIDS education and training. Such education and training shall be a minimum of seven clock hours and shall include, but is not limited to the following: Etiology and epidemiology, testing and counseling, infection control guidelines, clinical manifestations and treatment, legal and ethical issues to include confidentiality, and psychosocial issues to include special population considerations
ATTENDANCE:
- State of Washington regulations for NAC training requires a minimum of 85 hours of instruction and unexcused absences may result in failure of the class
- Regular and punctual attendance to all theory, skills lab and clinical experiences is mandatory. Should an emergency or illness arise, it is the student's responsibility to contact the instructor PRIOR to class, lab or clinical
- The students will have no direct resident contact until successfully completing the required 85 classroom and skills lab hours. Student will prove competency in all required skills before being allowed in the clinical setting. A student may be dismissed from the clinical setting if the instructor identifies unsafe or incompetent performance. These requirements are mandated by the State of Washington under WAC 246-841-400 and WAC 246-841-491
- Should a student fail the classroom, lab hours, or not complete a clinical rotation, he/she will be required to retake the entire course, assuming financial responsibility for re-enrollment

PREREQUISITES TO START THE PROGRAM:
You must have the ability to pass a Washington State Patrol background check

Bring these items to first day of class:
- Social Security card and photo identification
- Gait belt (transfer belt)
- Watch with a second hand
- 3 X 5 cards
- Optional: BP cuff and stethoscope (available for purchase in the college bookstore)

PARTICIPATION FOR CLINICAL TRAINING:
Students must complete the following requirements to enter the clinical setting. The information will be covered in class and all paperwork is provided.
- Current Healthcare Provider CPR card – if the card is three months or older, you must recertify – training provided in class
- Proof of your 2-step PPD (tuberculosis test) available at your personal physician (Instructor must have copy 24 hrs. prior to the first day of clinicals)
- Seven hours of HIV/AIDS education and training (WAC 246-12-270) training provided in class
- Proven competency of state required skills (WAC 246-841-400 and WAC 246-841-491)
- A favorable Washington State Patrol background check

UNIFORM/DRESS POLICY FOR CLINICAL SETTING
- HAIR-neat, clean and away from face. If hair is longer than shoulder-length, it must be pulled back in either a pony tail or a clip. Hats of any kind are not allowed. Facial hair must be trimmed and nicely groomed
- JEWELRY-must be kept at a minimum. Only post earrings may be worn; no hoops or dangling styles. No tongue, nose, lip or eyebrow jewelry is acceptable. If you can’t remove it, it must be concealed with a band aid. Your Centralia College name tag must be worn in the clinical setting. Your gait belt must be readily available at all times
- TATTOOS-every effort to minimize visualization of tattoos should be made
- SHOES-clean, white (or mostly white) shoes must be worn. Clean tennis shoes are acceptable
- UNIFORM-standard scrubs of any color are acceptable