

Advisor \_\_\_\_\_  
Assigned By \_\_\_\_\_



Name \_\_\_\_\_  
Date \_\_\_\_\_

## EDUCATIONAL PLAN

Associate in Applied Science – Chemical Dependency

Course Placement Recommendations: English \_\_\_\_\_ Reading \_\_\_\_\_ Math \_\_\_\_\_

**GPA of 2.0 or higher is required in all CDP courses**

**Fall Quarter, First Year Credits**

IT	117	Intro to Windows OS	2
PSYC&	100	General Psychology	5
ENGL&	101	English Composition	OR
WRT	105	Writing in the Workplace	5
CDP	100	Intro to Chemical Dependency	5
			17

**Winter Quarter, First Year Credits**

PSYC&	200	Lifespan Psychology	5
NUTR&	101	Nutrition	5 -
CDP	111	Counseling Techniques	4
Health/Fitness Distribution			3
			17

**Spring Quarter, First Year Credits**

CDP	101	Drug & Alcohol Responses	5
SOC&	101	Introduction to Sociology	5
MATH&	107	Math in Society *	5
			15

**Fall Quarter, Second Year Credits**

CDP	120	CDP Law and Ethics	5
CDP	140	Counseling Adolescents	3
CDP	230	CDP Cultural Diversity	3
CMST&	220	Public Speaking	5
			16

**Winter Quarter, Second Year Credits**

CDP	210	Groups within Treatment	4
CDP	220	Chem Dependency & Family	4
CDP	130	Assess & Treatment Plans	5
CDP	250	Community Prevention	3
			16

**Spring Quarter, Second Year Credits**

CDP	280	CDP Supervised Practicum	5
HR	110	Human Relations – Workplace	5
CDP	240	Relapse Prevention	2
			12

Total Credits 93

\*MATH& 146 and BUS 121 are optional math courses

Students interested in fulfilling BAS-AM program admissions requirements should take ENGL& 101, 5 credits of humanities (CMST& 220 recommended), 5 credits of social science (ECON& 201 recommended), 5 credits of natural science w/lab, and 5 credits of quantitative skills (MATH& 146 recommended).

QTR/YR \_\_\_\_\_ CREDITS \_\_\_\_\_

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QTR/YR \_\_\_\_\_ CREDITS \_\_\_\_\_

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QTR/YR \_\_\_\_\_ CREDITS \_\_\_\_\_

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**EMPHASIS: Chemical Dependency**  
**DEGREE: Associate in Applied Science**

**Purpose:** Chemical Dependency is for students interested in focusing their studies on Chemical Dependency rehabilitation. This program prepares the student for work as a Chemical Dependency counselor in various settings from detoxification units to residential treatment programs. Students will fulfill the education requirements for certification as Chemical Dependency Professional Trainee through the Department of Health (DOH). Students take classes that directly fulfill Washington Administrative Code (WAC) requirements toward acquiring the Chemical Dependency Professional (CDP) certification.

**Note:** Students thinking of transferring into an applied bachelors program, such as the Bachelor of Applied Science in Applied Management program that Centralia College offers, may need to take additional course work required for entrance:  
English Composition (5 credits) **\*\***(note that English 102 and Public Speaking CMST& 202 are highly desirable, but not required)

- College-level math course (5 credits) **\*\***
- Social Science course (5 credits)
- Natural Science course (5 credits)
- One additional course in English, college-level math, social science, or natural science (5 credits)

**\*\*** English Composition I and the college-level math class can replace the math and English course required in this degree program.

**Program Outcomes** - Students who successfully complete this program should be able to:

- A. Demonstrate an understanding of developmental psychology and psychopathology.
- B. Evaluate, assess, and treat addiction, substance abuse and chemical dependency in adolescents and adults.
- C. Recognize the pharmacological actions of alcohol and other drugs.
- D. Apply chemical dependency rules and regulations as well as professional and ethical responsibilities to patient care.
- E. Coordinate the use of services, referrals, and community resources.
- F. Recognize cultural diversity, including people with disabilities, and its implications for treatment.
- G. Plan and implement appropriate addiction placement, continuing care, and discharge criteria.
- H. Plan and provide effective counseling for chemical dependency, relapse prevention and continuing care for addicted individuals, their families or significant others in individual or group sessions.
- I. Demonstrate skills necessary to perform clinical evaluations, HIV/AIDS risk interventions and case management functions.

**Learning Themes:** General education outcomes at Centralia College help students, faculty, and the general public identify what learning is expected when a student has completed a degree or program. The administration, faculty, and staff have agreed upon the following five Learning Ability Themes which students can expect to encounter in most courses and by the completion of any degree or program.

**Reasoning:** The ability to extract information from data, develop ideas and solutions, establish logical progression in thinking, and problem solve using such procedures as literary analysis or the scientific methods.

**Written, Oral and Visual Communication:** The ability to make oneself understood in public, interpersonal, professional, artistic, and technical arenas.

**Exploration-Self and Others:** An awareness of the values, beliefs, customs, and contributions of persons from one's own and other traditions, ethnicities, classes, and genders.

**Resourcefulness:** The ability to adapt to change such as technological innovations or environmental conditions.

**Responsibility:** The ability to be accountable to self and society, and the natural world.

**Estimated Quarterly Program Costs (subject to change without notice)**

Tests: Accuplacer	\$15
Resident Tuition (15 credits) and fixed fees*:	\$1399
US Citizen Nonresident Tuition (15 credits) and fixed fees*:	\$1536
Non US Citizen Nonresident Tuition (15 credits) and fixed fees*	\$3202
*Tuition is subject to change due to State Legislative actions	
Books and supplies (estimate):	\$442
Lab fees:	\$5

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